

TRAIN NEW TRAINERS (TNT)

Essentials of Primary Care Psychiatry

IN-PERSON CONFERENCE

Psychiatric Clinical Skills for Primary Care Clinicians

JANUARY 15-16, 2027

UC Irvine School of Medicine
TNT Primary Care Fellowships

Course Description

This two-day conference for primary care providers (PCPs) and other clinicians will integrate recent scientific data with current clinical practice regarding mood and anxiety disorders, substance use disorders, personality disorders, collaborative care, chronic pain management, and how to do a primary care psychiatric interview.

Target Audience

PCPs and allied health professionals interested in mental health.

Educational Needs Statement

PCPs provide the most behavioral health care, and many have not been trained in the area of primary care based psychiatry. While guidelines for treatment of common psychiatric disorders within the primary care exist, many providers are uncomfortable implementing them due to lack of formalized training.

Syllabus

The syllabus will be available to pre-registered attendees via PDF (WHOVA App) prior to the conference to download and print. Hard copies will NOT be available for purchase.

Registration fees:

$495 Physicians
$465 Other Healthcare Professionals
$350 TNT Fellowships Alumni
$350 UCI Physicians*
$325 UCI Other Healthcare Professionals*

*Use UCI.edu email when registering



Learning Objectives

At the conclusion of this activity, the participant should be able to:

- Screen patients for common psychiatric disorders during a primary care visit
- Describe evidence-based approaches to suicide risk assessment
- Recognize comorbid psychiatric considerations in patients with pain disorders
- Describe evidence-based approaches to diagnosis and treatment of substance use disorders
- Recognize and treat common mood disorders
- Recognize and treat common anxiety disorders
- Develop and enforce consistent policies in primary care
- Consider opportunities to decrease disparities in their practice
- Provide general advice to support patients' nutritional health

Additionally, at the conclusion of this activity, we hope the participant will have a renewed sense of purpose in recognizing, diagnosing and treating patients' psychiatric concerns.

FACULTY

COURSE CHAIRS



Robert M. McCarron, DO, DFAPA, FACP, FAIHM, FAMP

Founding Director
Train New Trainers (TNT) Primary Care Fellowships

Robert McCarron, DO, completed a dual residency in internal medicine and psychiatry at Rush University and received board certification in psychiatry, psychosomatic medicine and internal medicine. Dr. McCarron is the Founding Director for the UC Irvine Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship and the TNT PC Training and Education in Addiction Medicine (PC-TEAM) Fellowship, which are one-year programs designed to train primary care providers in the essentials of adult psychiatry, pediatric psychiatry and SUD behavioral health. Dr. McCarron also serves as Professor, Department of Psychiatry and Behavioral Medicine and Associate Dean, Continuing Medical Education at the University of California, Irvine School of Medicine. He is also Director of Education for the UCI Susan Samueli Integrative Health Institute. He serves on the ACGME Residency Review Committee for Psychiatry and is past president of the California Psychiatric Association and the Association of Medicine and Psychiatry .



Jane P. Gagliardi, MD, MHS, DFAPA, FACP, FAMP

Associate Director
Train New Trainers (TNT) Primary Care Fellowships

Jane P. Gagliardi, MD, MHS, completed medical school, residency training in combined internal medicine-psychiatry, and her masters of health science in the clinical research training program at Duke, where she has remained on faculty since completing residency training. She now serves as Associate Dean for Learning Environment and Well-Being. Dr. Gagliardi has been involved in the educational programs in the Department of Medicine, where she served as Clerkship Director and Director of Undergraduate Medical Education for nearly a decade and in the Department of Psychiatry and Behavioral Sciences, where she served as the Associate Program Director for the Psychiatry Residency Training Program, Director of the Psychiatry Residency Training Program, and Director of the Medicine-Psychiatry Residency Training Program. She served as Vice Chair for Education in Psychiatry and was the past president of the Association of Medicine and Psychiatry.

2027 ESSENTIALS OF PRIMARY CARE PYSCHIATRY SPEAKERS

Jeremy DeMartini, MD – UC Davis
Steve Delisi, MD – Hazelton Betty Ford
Sabrina Falquier, MD, CCMS – Sensations Salud
Jaesu Han, MD – UC Irvine
Alyson Myers, MD – Albert Einstein College of Medicine
Lorin M. Scher, MD – UC Davis

CONFERENCE SCHEDULE

FRIDAY, JANUARY 15, 2027

7:00 – 8:00 a.m.	**Registration | Breakfast | Mentorship Corner**
8:00 – 9:15 a.m.	**Welcome & Practical Approaches to Doing a Primary Care Psychiatry Assessment** (1.25 CME) Jane P. Gagliardi, MD, MHS & Robert McCarron, DO, FAIHM
9:15-10:30 a.m.	**Anxiety Disorders: Diagnosis and Treatment Considerations** (1.25 CME) Jaesu Han, MD
10:30-10:45 a.m.	**Break | Mentorship Corner**
10:45-11:45 a.m.	**Nutrition without the Noise: Practical Food Conversations for Everyday Clinical Practice** (1.0 CME) Sabrina Falquier, MD, CCMS
11:45-12:45 p.m.	**Lunch Break**
12:45-2:00 p.m.	**Mood Disorders: Diagnosis and Treatment Considerations** (1.25 CME) Jeremy DeMartini, MD
2:00-3:00 p.m.	**Suicide Risk Assessment** (1.0 CME) Lorin Scher, MD
3:00-3:15 p.m.	**Break | Mentorship Corner**
3:15-4:15 p.m.	**Small Group Case Discussions: Treating the Anxious Patient** (1.0 CME) Facilitators
4:15-5:15 p.m.	**Small Group Case Discussions: Mood Disorders** (1.0 CME) Facilitators
5:15-7:00 p.m.	**Meet and Greet Dinner**

CONFERENCE SCHEDULE

SATURDAY, JANUARY 16, 2027

6:00-6:45 a.m.	**Rise, Shine, & MOVE** Jane P. Gagliardi, MD, MHS, John Onate, MD, & Glen Xiong, MD
7:00-8:00 a.m.	**Sign-in | Breakfast | Mentorship Corner**
8:00-9:00 a.m.	**Boundaries & Personality Disorder in Primary Care** (1.0 CME) Jane P. Gagliardi, MD, MHS
9:00-10:00 a.m.	**Reducing Health Disparities for our Patients** (1.0 CME) Alyson Myers, MD
10:00-10:15 a.m.	**Break | Mentorship Corner**
10:15-11:15 a.m.	**Psychiatry and Chronic Pain Management** (1.0 CME) Robert McCarron, DO, FAIHM
11:15-12:15 p.m.	**Substance Use Disorder: Update on Assessment and Treatment** (1.0 CME) Steve Delisi, MD
12:15-1:15 p.m.	**Lunch**
1:15-2:15 p.m.	**Stump the Experts Panel** (1.0 CME) Drs. Delisi, Gagliardi, McCarron, Myers, & Scher | Moderator: Dr. DeMartini
2:15-3:15 p.m.	**Small Group Case Discussions: Pain and Somatization** (1.0 CME) Facilitators
3:15-4:15 p.m.	**Small Group Case Discussions: Management of Patients with SUD** (1.0 CME) Facilitators

Total: (14.75 CME)

CME EVALUATION

Please be sure to complete the Evaluation Survey in order to receive appropriate credit.

We will send you an email with the survey at the end of the conference.

ACCREDITATION

Accreditation Statement:
University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:
The University of California, Irvine School of Medicine designates the live activity for a maximum of 14.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

***AMA PRA Category 1 Credits™* can be used by multidisciplinary team members:**

Nurse Practicioners: For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 14.75 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologists: You may petition the California Board of Psychology for CE credit for this symposium.

Please see **http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf** for details.

MOC Approval Statements (ABFM, ABPM, ABPN)
*Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the **ABMS Continuing Certification Directory**, **Train New Trainers (TNT) Essentials of Primary Care Psychiatry (EPCP) Conference 2027** has met the requirements as a **Lifelong Learning CME Activity** (apply toward general CME requirement) for the following ABMS Member Boards:*

ABMS Lifelong Learning CME Activity

- Family Medicine
- Preventive Medicine
- Psychiatry and Neurology

MOC Approval Statement (ABIM)
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Disclosure
All those in control of content will provide full disclosure information to particpants prior to the activity.

California Assembly Bill 1195 and 241
This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, **medschool.uci.edu/cme**, for AB 1195 and AB 241 resources.

For more information visit:
medschool.uci.edu/pcp

For any questions, please contact us at
tntfellowships@hs.uci.edu